

# THE FULL CATASTROPHE

*All I Ever Wanted,  
Everything I Feared*

CASEY MULLIGAN WALSH

Motina Books ~ February 18, 2025

Casey needs a family: the joys and sorrows,  
people who love her, and a place she belongs—  
what Zorba the Greek called  
“the full catastrophe.”

Orphaned at twelve and soon the only surviving sibling, Casey marries young and has three children, but her marriage isn't the dream she envisioned. Ultimately, a divorce and custody trial propel her family into a catastrophe of a different sort, and each of her children suffers.

Struggling alongside them, she draws strength from spirituality. Then the unthinkable happens—her firstborn, Eric, dies at age twenty—and she's left to make sense of her family's collapse and the loss of her beloved boy.

In a moving testament to the power of love, *The Full Catastrophe* tells of a life of loss and sorrow transformed into one of hope and redemption. With hard-won wisdom, Casey shows us how peace and belonging can only be found within ourselves.



**Casey Mulligan Walsh** has written for *The New York Times*, *HuffPost*, *Next Avenue*, *Modern Loss*, and numerous literary magazines. Her essay, “Still,” published in *Split Lip*, was nominated for Best of the Net. Casey is a founding editor of *In a Flash* literary magazine and serves on the Board of the Family Heart Foundation. She lives in upstate New York with her husband, Kevin. Learn more at [www.caseymulliganwalsh.com](http://www.caseymulliganwalsh.com).

The Full  
CATASTROPHE

all I ever wanted...  
everything I feared



a memoir

CASEY MULLIGAN WALSH

AWARD-WINNING MEMOIR



Independent Author Network (IAN)

Grand Prize/First Place  
Nonfiction Book of the Year

Reader's Favorite  
Gold Medal - Nonfiction/Women's

Indie Author Project  
Runner Up - Memoir

PenCraft Awards  
Best Book - Nonfiction/Memoir

International Book Awards  
Finalist - Autobiography/Memoir

*“The Full Catastrophe is fully engaging, fully human, fully wrenching, fully healing, fully, ferociously alive.”*

-Gayle Brandeis, author of *The Art of Misdiagnosis*.

*“This book is a triumph and an inspiration.”*

-Richard Hoffman, author of *Half the House*



The Full Catastrophe: All I Ever Wanted, Everything I Feared  
Publication Date: 2/18/2025 Trim Size 5.5 x 8.5- 338 Pages  
eBook ISBN-13: 979-8-88784-040-6 eBook Price: \$6.99  
Paperback ISBN-13: 979-8-88784-041-3 Paperback Price: \$18.99  
Hardcover ISBN-13: 979-8-88784-042-0 Hardcover Price: \$26.99  
Published by Motina Books, Van Alstyne, TX, 75495, USA  
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